

CAHMCP Test Prep and PD consists of three (3) components: 1) Kaplan Critical Analysis and Reasoning (CARS) Sessions, 2) Kaplan MCAT Prep Classes 3) CAHMCP Saturday Enrichment + PD

KAPLAN CARS SCHEDULE

Kaplan CARS	Duration	Day	Date	Time
Session 1	2 hrs	Tues	1/3	6-8pm CT
Session 2	2 hrs	Thurs	1/5	6-8pm CT
Session 3	2 hrs	Tues	1/10	6-8pm CT
Session 4	2 hrs	Thurs	1/12	6-8pm CT
Session 5	2 hrs	Tues	1/17	6-8pm CT
Session 6	2 hrs	Thurs	1/19	6-8pm CT
Session 7	2 hrs	Tues	1/24	6-8pm CT
Session 8	2 hrs	Thurs	1/26	6-8pm CT
Session 9	2 hrs	Tues	1/31	6-8pm CT
Session 10	2 hrs	Thurs	2/2	6-8pm CT
Session 11	2 hrs	Tues	2/7	6-8pm CT
Session 12	2 hrs	Thurs	2/9	6-8pm CT

CAHMCP Enhancement Workshops + Professional Development Schedule

CAHMCP Workshop	Date	MCAT Topic	Professional Development	Time
Session 1	1/14/2023	Orientation	Cover Letter & CV Workshop I	10am-1pm CT
Session 2	1/28/2023	Algebra & CARS	Cover Letter & CV Workshop II	10am-1pm CT
Session 3	2/11/2023	Biology	Cover Letter & CV Workshop III	10am-1pm CT
Session 4	2/25/2023	Biology	Personal Statement Workshop I	10am-1pm CT
Session 5	3/11/2023	Chemistry	Personal Statement Workshop II	10am-1pm CT
Session 6	3/25/2023	Chemistry	Personal Statement Workshop III	10am-1pm CT
Session 7	4/15/2023	Calculus & CARS	NA	10am-1pm CT
Session 8	4/29/2023	Calculus & CARS	Interview Workshop I	10am-1pm CT
Session 9	5/12/2023	Physics	NA	10am-1pm CT
Session 10	5/26/2023	Physics	NA	10am-1pm CT
Session 11	6/10/2023	Reading & Writing	Interview Workshop II	10am-1pm CT
Session 12	6/11-6/30	Full-Length Practice Exam & Submit Scores		

Students can select an MCAT course from this link based on what is best for their schedules, however they must be complete by June 1. Below are two options.

MCAT Option 1				
MCAT	Hours	Day	Date	Time
Session 1	2 hrs	Tues	2/14	6-8pm CT
Session 2	2 hrs	Thurs	2/16	6-8pm CT
Session 3	2 hrs	Tues	2/21	6-8pm CT
Session 4	2 hrs	Thurs	2/23	6-8pm CT
Session 5	2 hrs	Tues	2/28	6-8pm CT
Session 6	2 hrs	Thurs	3/2	6-8pm CT
Session 7	2 hrs	Tues	3/7	6-8pm CT
Session 8	2 hrs	Thurs	3/9	6-8pm CT
Session 9	2 hrs	Tues	3/14	6-8pm CT
Session 10	2 hrs	Thurs	3/16	6-8pm CT
Session 11	2 hrs	Tues	3/21	6-8pm CT
Session 12	2 hrs	Thurs	3/23	6-8pm CT
Session 13	2 hrs	Tues	3/28	6-8pm CT
Session 14	2 hrs	Thurs	3/30	6-8pm CT
Session 15	2 hrs	Tues	4/4	6-8pm CT
Session 16	2 hrs	Thurs	4/6	6-8pm CT
Session 17	2 hrs	Tues	4/11	6-8pm CT
Session 18	2 hrs	Thurs	4/13	6-8pm CT
Session 19	2 hrs	Tues	4/18	6-8pm CT
Session 20	2 hrs	Thurs	4/20	6-8pm CT
Session 21	2 hrs	Tues	4/25	6-8pm CT

MCAT Option 2					
Hours	Day	Date	Topic	Time	Instructor
3 hrs	Saturday	1/21/2023	Chem/Phys 1: Building Knowledge from First Principles	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	1/28/2023	CARS 1: Reading Passages the Kaplan Way	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	2/4/2023	Bio/Biochem 1: Building Knowledge in Blocks	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	2/11/2023	Psych/Soc 1: Elaborating on Concepts and Vocabulary	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	2/18/2023	Chem/Phys 2: Math on the MCAT	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	2/25/2023	CARS 2: Question Types	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	3/4/2023	Bio/Biochem 2: Analyzing Informational Passages	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	3/11/2023	Psych/Soc 2: Research Design and Data Interpretation	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	3/18/2023	Chem/Phys 3: Interrogating Experimental Passages	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	3/25/2023	CARS 3: Refining Your Passage Approach	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	4/1/2023	Advanced MCAT Strategies	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	4/8/2023	Bio/Biochem 3: Deconstructing Biochemistry Experiments	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	4/15/2023	Psych/Soc 3: Examining and Refining Your Strategies	10am-1pm CT	Dr. Nzinga Mack
3 hrs	Saturday	4/22/2023	MCAT Strategies in Action	10am-1pm CT	Dr. Nzinga Mack

Participants are expected to attend all sessions

All sessions, Kaplan CARS + MCAT + CAHMCP Saturday Prep sessions are live, online, and interactive.

Kaplan sessions will be recorded and sent to students, however for best results we strongly encourage live attendance.